

## Master Class 2010 – 2012 with Jeremy Krauss in Vienna

## Moving and Being Moved Touching and Being Touched

This Master Class will be a training in competence, creativity and quality. We will focus on developing different areas of your Feldenkrais skills. The main focus of the two years will be in FI, but there will also be discussions and analysis of ATM that will foster your understanding and teaching skills.

In FI we will study and learn both classical material and creative aspects of the work. There will be clear demonstrations and time to practice and develop more refined

- handling skills

- understanding

- feeling and sensory states

- internal and external modes of expression in doing FI.

There will be discussions and explanations of the principles of FI and ATM and also discussions related to interpersonal neurobiology and its close relationship to the Feldenkrais work.







Venue: Don-Bosco-Haus Wien
St.-Veit-Gasse 25, 1130 Wien

Price: € 550,- (incl. 20% VAT) per segment

Limited number of participants!
There is a registration form, please contact us to receive it: +43 (0)699 1133 1043
e-Mail: training@feldenkraisinstitut.at

This Master Class is composed of 20 days in 4 segments. Taking part in this MC means you will commit yourself to participate in all four segments:

Segment 1: October 22–26, 2010 Segment 2: April 7–11, 2011 Segment 3: November 3–7, 2011 Segment 4: April 19–23, 2012 Teaching language will be English.