

Becoming a mindful Practitioner

3-day Advanced Training for Feldenkrais Practitioners, October 16, 17 and 19, 2014

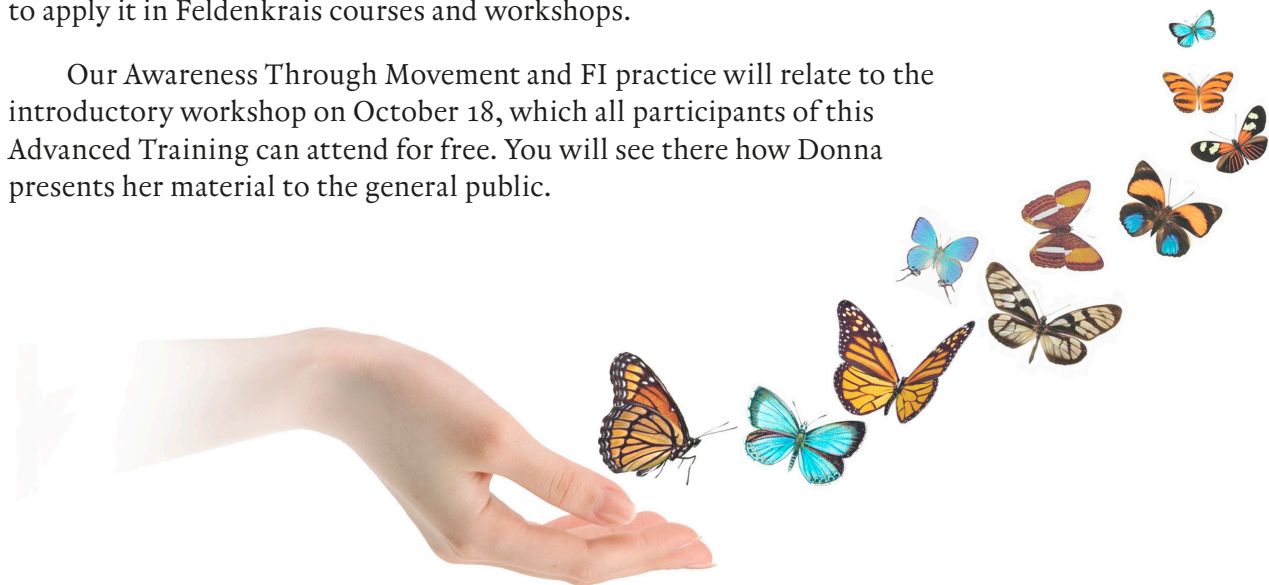
— *with Donna Ray*

This Advanced Training includes a free of charge participation of the public workshop BEING PRESENT on October 18.

In this Advanced Training Donna Ray will present current research on meditation, brain development, learning, and relationships. She will clarify connections to our work as practitioners and it will become clear how to use the material personally and professionally, for example how to apply it in Feldenkrais courses and workshops.

Our Awareness Through Movement and FI practice will relate to the introductory workshop on October 18, which all participants of this Advanced Training can attend for free. You will see there how Donna presents her material to the general public.

**4 DAYS
FOR THE PRICE
OF 3**



Donna Ray, M.A., M.F.T.,

is a highly experienced Feldenkrais Trainer and has taught internationally in numerous training programs. Donna has a master's degree in Psychology and is a licensed Marriage, Family and Child Counselor. She is director of the Feldenkrais Institute of Southern California and a member of Dan Siegel's Mindsight Institute in Los Angeles where she studies Interpersonal Neurobiology. Donna is certified by the California Board of Behavioral Science Examiners as a hypnotherapist specializing in Ericksonian hypnotherapy.

Over the past 28 years, Donna has maintained an active private practice in California and she is the Educational Director of the upcoming Feldenkrais International Training Program Wien 2015. She is a warm, sensitive teacher known for creating truly special learning spaces.

October 16, 17, 19, 2014

10.00 – 17.00 h

Price: € 330,-
(incl. 20% VAT/MwSt.)

Teaching language will be English.

Registration

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